

Peripheral giant cell granuloma in anterior maxilla: case report in a child

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A case of giant cell granuloma in a 7-year-old boy was reported. The lesion was probably caused by trauma and was interfering with the normal eruption of the permanent maxillary left lateral incisor. Differential diagnosis and treatment of this lesion are discussed.

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INTRODUCTION

Peripheral giant cell granuloma (PGCG) is an oral, non-neoplastic, tumor-like growth that occurs exclusively on the gingiva and the alveolar mucosa. It is never found on non-osseous supported tissues.^{1,2} This lesion has been reported to account for 5.1% to 43.6% of reactive gingival overgrowths.^{1,3,4,5,6,7} It affects both sexes, with a slight predilection for females especially after puberty. Although peak prevalence is found in the fifth and sixth decades of life, 20 to 30% of cases occur within the first two decades of life. The most common location of the PGCG is the incisor and canine regions with a slight predilection for the mandible.^{2,3,4}

Local irritating factors such as tooth extraction, poorly adapted restorations, food impaction, ill-fitting dentures, plaque, and calculus are said to be etiological

factors, although the mechanisms through which they act are not completely known.^{1,2,8} Possible hormonal influences for some PGCG have been postulated by Whitaker and Bouquot.⁹

Clinically, this gingival lesion presents as a smooth surfaced nodule or mass, pedunculated or sessile, with firm consistency, that is red, purple or blue in color. Surface ulceration, bleeding and displacement of the teeth are common occurrences. The size varies from a small papule to a massive enlargement; however, most lesions are less than 2 cm in diameter. Although it is usually asymptomatic, the patient may complain of pain when traumatized repeatedly. Radiographic evaluation of any gingival lesion, including the PGCG, is a prudent measure in order to determine the extent and origin of the lesion. Superficial resorption or cupping of the alveolar bone is often noted on a periapical radiograph. In addition, a widened periodontal ligament space and tooth mobility may extend the lesion around the root.^{1,2,4,6,8,10}

The purpose of this study was to illustrate a case report of peripheral giant cell lesion in a child and to discuss the differential diagnosis and the importance of treating this lesion in children.

CASE REPORT

A 7-year-old boy was referred for evaluation of a gingival mass that was first observed one week prior to examination. The lesion was interfering with normal permanent lateral incisor eruption. The medical history did not reveal any unusual findings. The patient reported that the lesion appeared after he started to jiggle the primary tooth until it was extracted. Clinical examination revealed that the permanent left lateral incisor was absent, and that a reddish-purple, sessile nodule, of approximately 3 cm in diameter, involving

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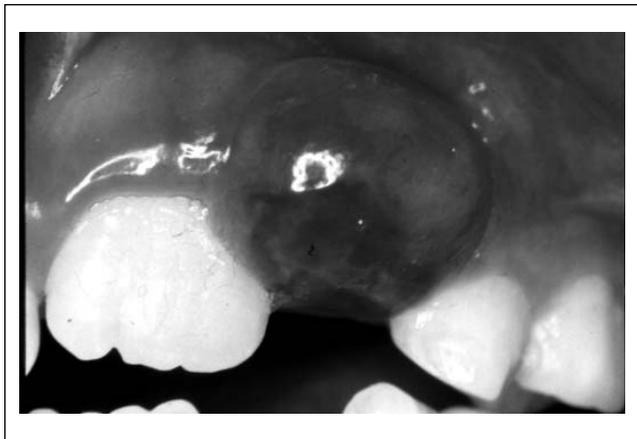


Figure 1. Clinical view. Original presentation of the lesion in the left anterior maxillary region.



Figure 2. Periapical radiograph demonstrating lack of eruption of the permanent left lateral maxillary incisor.

the buccal attached gingiva could be seen in the area (Figure 1). The surface was smooth, except for local areas of ulceration. The patient suffered no pain, but complained about discomfort while brushing his teeth. A periapical radiograph of the site did not reveal any erosion of the alveolar bone (Figure 2). No other oral or cutaneous lesions were noted in this healthy child.

Clinical differential diagnosis of the PGCG or pyogenic granuloma or peripheral ossifying fibroma was made, and the lesion was completely removed following local anesthesia. Examination of the tooth in proximity to the lesion showed no signs of abrasion or chemical erosion.

The histological examination revealed a nodule covered by parakeratinized stratified squamous epithelium. The connective tissue exhibited multinucleated giant cells dispersed throughout a fibrovascular stroma

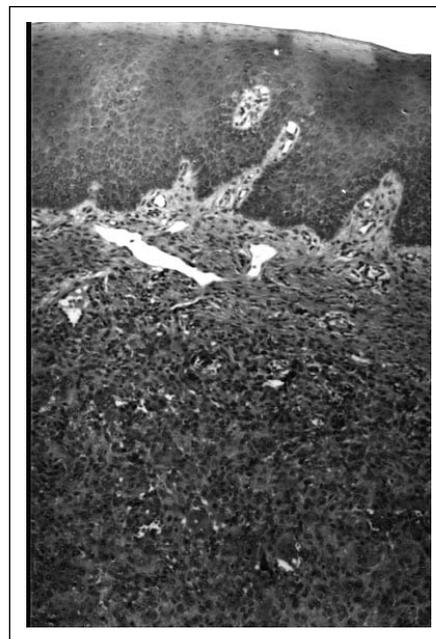


Figure 3. Photomicrograph of PGCG showing multinucleated giant cells in a fibrovascular stroma. A band of fibrous tissue separates the lesion from the mucosal surface. (H&E stain, original magnification, x10).

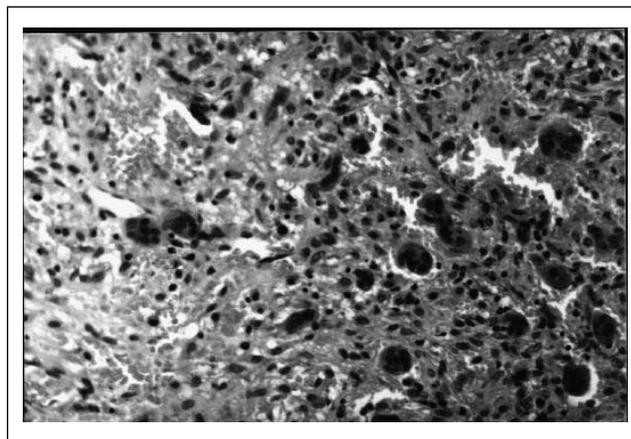


Figure 4. Fibrovascular background, extravasated erythrocytes and giant cells with randomly placed nuclei. (H&E stain, original magnification, x40).

(Figures 3 and 4). Many extravasated erythrocytes with deposits of hemosiderin granules were also present with a mild lympho-plasmocytic infiltrate. A diagnosis of PGCG was made.

Healing was uneventful, and no recurrence was observed after 1 year follow-up. During this period the patient did not report any complaints. Tooth eruption was observed in clinical and radiograph examinations, and no other treatment was needed (Figures 5 and 6).

DISCUSSION

In children, single gingival enlargements are a relatively common finding and are usually the result of a reactive response to local irritation. These lesions may



Figure 5. Clinical follow-up 12 months after surgical excision showing the permanent erupted tooth and no recurrence of the lesion.

grow rapidly and reach a significant size within several months of its initial diagnosis.^{4,6,10,11}

Even if PGCG is more common in the fifth and sixth decades of life than in children and the pyogenic granuloma is the most common reactive lesion in children,^{2,4,10} in this paper we reported a case of PGCG located on the buccal attached gingival of the maxillary permanent left lateral incisor region in a young boy, probably caused by trauma.

The most common location for the PGCG is the incisor and canine regions, with a slight predilection for the mandible.²

Clinically, the gingival lesions in children that mimic the PGCG are the pyogenic granuloma, peripheral ossifying fibroma, hemangiomas, epulis and irritative fibroma.^{1,2,4,7,12} In general, the pyogenic granuloma presents as a soft, friable nodule that bleeds freely with minimal manipulation. Unlike other lesions, PGCG, tooth displacement and resorption of the alveolar bone are not observed. The peripheral ossifying fibroma is a reactive gingival growth that has clinical features similar to those of the PGCG. Although this reactive lesion is often ulcerated and inflamed, it lacks the purple or blue discoloration that is commonly associated with PGCG. When present, small flecks of calcification within the tumescence found on a radiograph will indicate a diagnosis of peripheral ossifying fibroma. Another diagnostic hypothesis is hemangioma based on a red or blue discoloration of the soft tissue nodule. Although many hemangiomas are congenital lesions, some vascular malformations increase in size during childhood. Brisk bleeding, increased warmth of the tissue and blanching upon palpation are characteristic of this vascular entity.¹²

In order to establish a definitive diagnosis the lesion must be excised and submitted for microscopic examination. Histologically, the PGCG is covered by keratinized stratified squamous epithelium, which may



Figure 6. Periapical radiograph showing the permanent left lateral incisor with an open apex.

be ulcerated in some cases, and is characterized by highly vascularized granulation tissue, a varying degree of extravasation of multinucleated giant cells and erythrocytes with hemosiderin deposits. Regarding its origin, some authors consider the giant cells to be derived from osteoclasts while others believe that they are derived from mononuclear histiocytic cells. Occasionally, small amounts of neoformed bone is evident in the lesion. The stroma may contain osteoblasts, myofibroblasts, macrophages, and Langerhans cells. Histopathologically, the differential diagnosis of the PGCG must be made primarily with the Central Giant Cell Granuloma (CGCG). The CGCG is an intra-osseous lesion which causes tooth and bone resorption unlike the PGCG.^{13,14,15}

Radiographs are an important diagnostic tool to confirm that the so-considered giant cell lesion arises within the oral mucosa and does not represent a central body lesion with perforation and soft tissue extension.^{16,17,18}

Although incipient lesions may bleed and cause minor changes in gingival contour, progressive growth in some cases produce a significant tumescence that compromises normal oral function. Early detection of the PGCG results in more conservative surgery with less risk of tooth and bone loss.^{2,7,8,11,14,19}

Management of this gingival lesion includes surgical excision and elimination of any local contributing factors.^{11,14} Recurrences of the PGCG have been reported in 5% to 70.6% of cases. This great variation is probably attributable to the surgical technique used, since recurrences re-excised up to the periosteum have not recurred thereafter.^{2,7}

In conclusion, in pediatric dentistry careful examination of oral mucosa is important to identify reactive

lesions such as the PGCG. These lesions are not clinically aggressive or invasive, but some of them may interfere with the eruption of teeth, produce tooth movement and lead to bone resorption.

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